

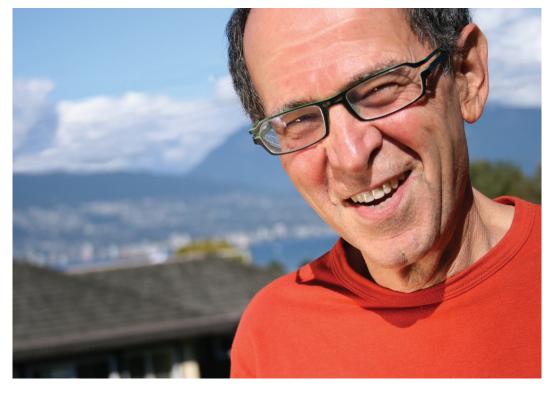
Isetime

WELCOME TO TODAY'S SESSIONS



presented by:





Moderator: Dr. Art Hister



12:00 – 12:45 pm

Food - What's New and Best for You Speaker: Liz da Silva



1:30 – 2:15 pm

Building Strength to Prevent Falls Speaker: Yee Tse



3:00 - 3:45 pm

Aging 2.0 - Linking to Reputable Brain Info Speaker: Dr. Julie Robillard

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